

Natural way  
to greater  
energy

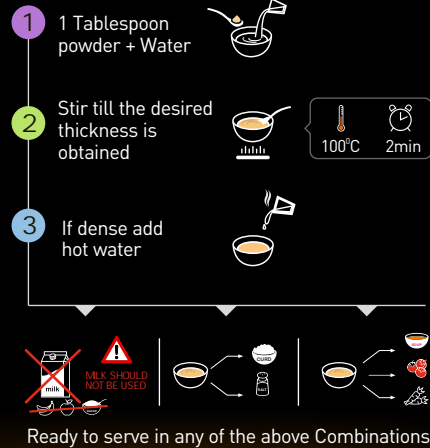




# BRAWN digestive

*"Bring out the very best  
in your baby  
If he rejects a new food,  
try, try, again."*

Metabolism shares a strong correlation with digestion. It encompasses the abilities of biological functions that promote effective breakdown of our foods. The foods we ingest are broken down into smaller organic structures by the digestive system. Digestive enhances such digestive functions to efficiently breakdown food components. This allows the body to extract more nutrients and energy from the diet.



NUTRIENTS	PER 100 gms
Carbohydrate	78.9
Protein	6.4
Fibre Content	0.2
Fat	0.4
Iron	2.2
Calcium	0.01
Phosphate	0.15
Thiamin Acid B1 vitamin B1	0.21
Nicotinic Acid (mg)	3.8
Riboflavin (mg) Vitamin B2	0.05
Energy	345 Kcal

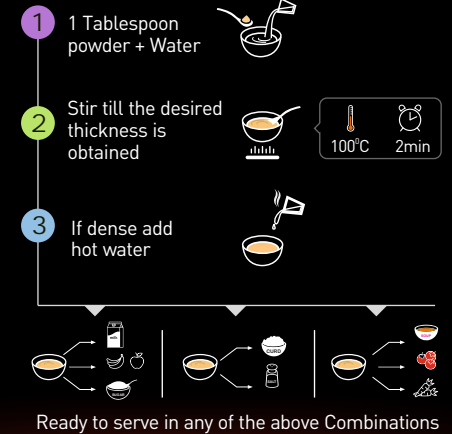
**INGREDIENTS:**  
Boiled Rice & Ajwain.

Does not contain preservative and artificial ingredients

# BRAWN savour

*"Remember,  
right now is your  
best opportunity to teach  
your baby good habits  
that will last a life time."*

The visual system provides the ability to perceive the visual detail of the environment. Vision acts as a detailed sense, which helps in deconstructing the complex permutations of light to comprehend detail and appreciate beauty. Savour provides the essential nutrients to enhance eyesight and maintains the efficiency of the processes that oversee the development of the visual system.



NUTRIENTS	Boiled Rice	Fried Gram
Carbohydrate	78.9	58.9
Protein	6.4	22.5
Fibre Content	0.2	1.0
Fat	0.4	5.2
Iron	2.2	8.9
Calcium	0.01	0.07
Phosphate	0.15	0.31
Vitamin Acid B1	0	129
Thiamin B1	0.21	0.20
Nicotinic Acid (mg)	3.8	1.3
Riboflavin (mg)	0.05	0.15
Vitamin B2		
Caloric Value (Kcal)	345	372

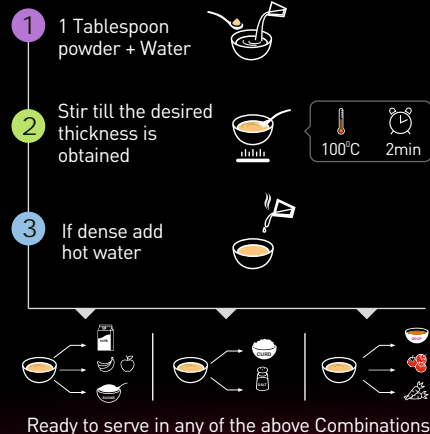
NUTRIENTS	PER 100gms
Protein	12 gms
Carbohydrates	81 gms
Fat	0.50 gms
Iron	3.5 mg
Energy	336 Kcal

Does not contain preservative and artificial ingredients

# BRAWN activate

*"Mother's care has  
no substitute  
activate in child care."*

This brain is the epicenter of all experiences perceived through our senses. A well-functioning mind hosts the body with unparalleled mental focus and body coordination. The brain is the seat of our physical awareness that helps us accomplish complex tasks by generating convoluted perspectives of our experiences. Activate compliments the essential brain functions that are linked to accelerated brain growth. It also aids in tissue regeneration that effectively reduces the recovery period of tissue damage inflicted by physical wounds.



NUTRIENTS	PER 100 gms
Carbohydrates	78.24g
Crude Protein	12.53g
Crude Fat/oil	2.49g
Omega 3 Fatty Acid	40 mg
Iron	0.002g
Energy	344.8 Kcal

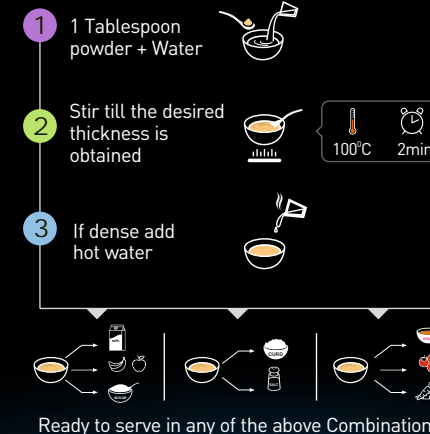
**INGREDIENTS:**  
Boiled rice & Flax seeds.

Does not contain preservative and artificial ingredients

# BRAWN improve

*"Energy must be an integral part of one's life,  
along with it the stamina & growth required  
for one's vocation be acquired."*

A balanced diet is essential for the vitality of the body. It provides the body with the essential minerals and vitamins to maintain the body at homeostasis. Improve encompasses the valuable nutrients to keep the mind in sync with its senses. In addition to improving neurological functions in the brain, it establishes an efficient coordination between systemic functions such as respiration and digestion.



NUTRIENTS	PER 100 gms
Carbohydrate	71.00 gms
Crude Protein	17.00 gms
Moisture	3.30 gms
Crude Fat / Oil	2.70 gms
Total Ash	2.70 gms
Fibre	1.50 gms
Iron	0.047 gms
Omega -3 Fatty Acid	40 mg
Energy	343 Kcal

**INGREDIENTS:**  
Sprouted ragi, Wheat, Moong dhal,  
Flax seed and  
Processed Fenugreek Seeds.

Does not contain preservative and artificial ingredients



# BRAWN protective

*“God  
can’t be always everywhere  
and so he  
invented Mother.”*

The blood primarily coordinates all biological functions in our body. It acts as a common link between all our different systems to supply the essential nutrients to oversee processes such as respiration, digestion, excretion, sensation etc. This endless list of responsibility creates the mantle of our biological comfort zone. Protective is geared to protect the integrity of these comfort zones by controlling metabolism and blood pH levels, so its users can constantly live on the edge.



NUTRIENTS	PER 100gms
Carbohydrate	69.00
Protein	19.50
Fat	0.4
Moisture	3.50
Total Ash	2.30
Fibre	0.72
Iron	0.034
Energy	345 Kcal

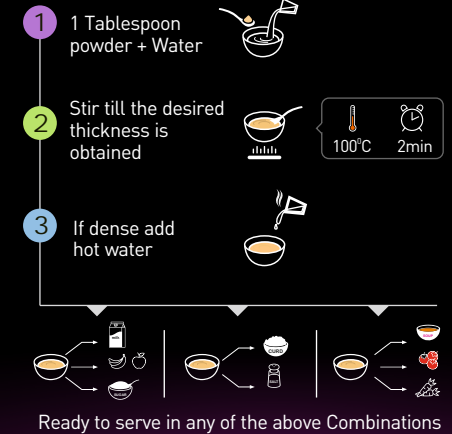
**INGREDIENTS:**  
Wheat, Red rice, Soya, Moong dhal & processed fenugreek seeds.

Does not contain preservative and artificial ingredients

# BRAWN value

*“Advice is what we ask for  
when we already know  
the answer  
but wish we didn’t.”*

Value is aimed at improving circulatory and respiratory functions to help overlook efficient cellular absorption. Value promotes effective breakdown of toxins in the bloodstream that frequent the kidney and liver. This fiber rich blend also improves nutrient retention, while keeping type 2 diabetes at bay. Value also aims at providing high energy, while reinforcing bone density with an abundance of essential minerals.



NUTRIENTS	PER 100gms
Moisture	4.75 gms
Crude Protein	10.86 gms
Fat	2.47 gms
Total Carbohydrate	80.17 gms
Total Dietary Fibre	10.35 gms
Energy(Calories)	386.35 K Cal
Total Ash	1.75 gms
Copper as Cu	4.30 ppm
Zinc as Zn	27.8 ppm
Iron as Fe	196.78 ppm

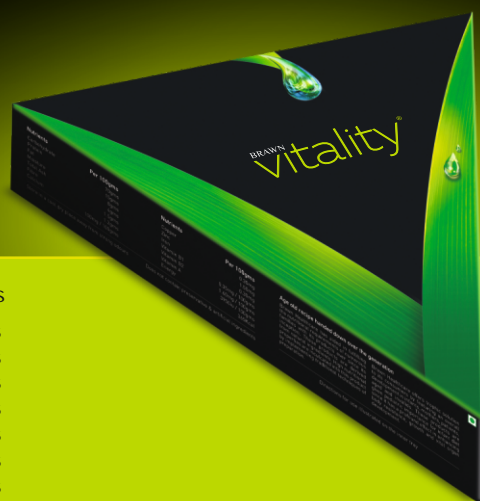
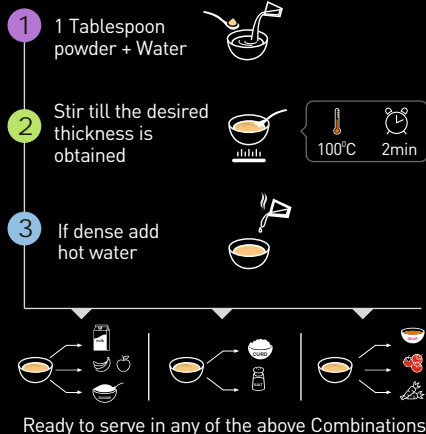
**INGREDIENTS:**  
Finger Millet, Foxtail Millet, Kodo Millet, Little Millet, Pearl Millet, Proso Millet, Sorghum, Moon Dhal.

Does not contain preservative and artificial ingredients

# BRAWN vitality

*"The right start caring  
for the whole family,  
Balance your eating  
habits."*

The body is an intricate combination of biological functions that shape the mind and its perception. This biological network is administered by muscles, organs and fluids that shape the health and the efficiency of our senses. Vitality provides the essential nutrients to fuel such vital functions that oversee the physical nourishment of the body. It promotes physical development and enhances energy levels in users of all ages.



NUTRIENTS	PER 100gms
Carbohydrate	70 gms
Protein	15 gms
Fat	8 gms
Moisture	4 gms
Total Ash	1.5 gms
Fibre	1.2 gms
Calcium	100 mg / 100 gms
Copper	0.30 mg
Zinc	1.50 mg
Iron	0.30 mg
Vitamin B1	0.35 mg / 100 gms
Vitamin B2	1.60 mg / 100 gms
Vitamin A	3950 iu / 100 gms
Energy	365 Kcal

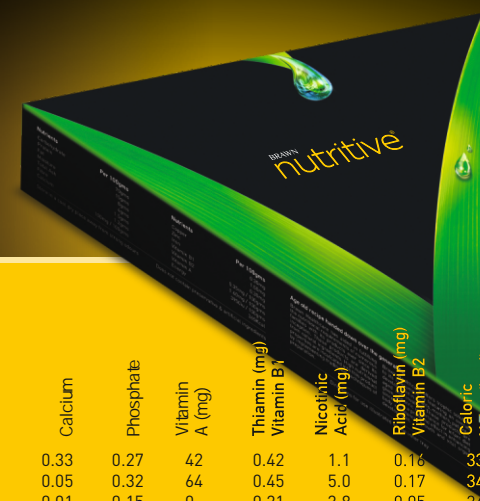
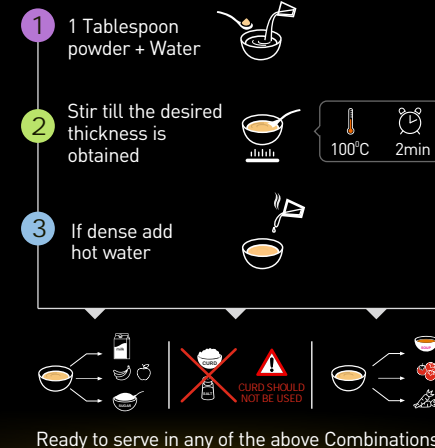
**INGREDIENTS:**  
Sprouted Ragi, Wheat, Moong Dhal, Boiled Rice, Corn, Fried Gram And Almond.

Does not contain preservative and artificial ingredients

# BRAWN nutritive

*"God can't be always  
everywhere and so he  
invented Mother."*

The body requires vital amounts of nutrients to engage the senses with effective nourishment. This nourishment shares a strong correlation with energy levels and body metabolism. Nutritive provides a balanced nutrition to enable active tissue development in its users. It is geared to restore a balance in the nutritional requirements of the body to unlock the untapped energy potential in its users.



Ingredient	Carbo Hydrate	Protein	Fibre Content	Fat	Iron	Calcium	Phosphate	Vitamin A (mg)	Thiamin (mg) Vitamin B1	Nicotinic Acid (mg)	Riboflavin (mg) Vitamin B2	Caloric Value (kcal)
Ragi	72.7	7.1	3.6	1.3	5.4	0.33	0.27	42	0.42	1.1	0.16	331
Wheat	71.2	11.8	1.2	1.5	5.3	0.05	0.32	64	0.45	5.0	0.17	348
Boiled Rice	78.9	6.4	0.2	0.4	2.2	0.01	0.15	0	0.21	3.8	0.05	345
Corn	66.2	11.1	2.7	3.6	2.1	0.01	0.33	90	0.42	1.4	0.10	342
Moong Dal	59.9	24.5	0.8	1.2	8.5	0.07	0.41	49	0.52	2.4	0.25	351
Fried Gram	58.9	22.5	1.0	5.2	8.9	0.07	0.31	139	0.20	1.3	0.15	372
Almond	10.50	20.8	1.7	58.9	3.5	0.23	0.49	0	0.24	4.4	0.57	655
Cashew	22.3	21.2	1.3	48.9	5.0	0.05	0.45	60	0.63	1.2	0.19	596
Cardamon	48.9	10.3	9.2	8.3	5.0	0.13	0.16	0	0.22	0.8	0.07	244

# Age old recipe handed down over the generation



Brawn Healthcare has aided in fulfilling the nutritional requirements of numerous families with its products ever since its inception. These products are derived from natural ingredients; therefore, they are free from artificial compounds or preservatives. High nutritional properties are inculcated into this product by implementing traditional techniques of preparation.

Brawn Healthcare offers trophic solution to its consumers by featuring an overall development in infants, mothers, patients, the aged and invalids. These products are given pediatric importance for infant diet since it has a profound effect in enhancing body resistance, growth, vital organ condition, stamina, tissue and brain development.

Pregnant and Lactating mothers are highly benefitted through our products as it offers a healthy growth of the fetus and formation of milk proteins. It also offers dietary solutions to convalescent patients with geriatric ailments such as diabetes, cancer, anaemia and cardiovascular diseases. Furthermore, our products rapidly reduce the bed time in post-surgery patients.

Brawn products are highly recommended diet supplements, which provide consumers with a prolific change in their physical status. We are trying our best in widening our vision into tackling more ailments by upgrading our products to provide our customers with the ultimate health drink experience.

## BRAWN PRODUCTS

Silverspoon

Digestive

Savour

Activate

Improve

Protective

Value

Nutritive

Vitality



*Each Spoon a Measure of Confidence*



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